

Image Description:

A green and white logo with the state of Indiana and a treble clef, with the letters AIMT



Association for Indiana Music Therapy

2026 Fall Conference

September 19, 2026

The University of Indianapolis Health Pavilion, Room 410

1643 East Hanna Avenue

Indianapolis, IN 46227

9:00 am - 9:30 am: Arrival/Breakfast - Breakfast Provided

Please pre-register on our website prior to the event. There will be no on-site registration.

9:30 am - 11:30 am: Reflective Practice for Professional and Personal Wellness as Music Therapists (PART 1)

Presenter: Melanie Wiseheart, MMT, LPMT, MT-BC

4 CMTEs

Reflective practice (RP) is an important component of music therapists' professional development and personal wellness, impacting our clinical decision-making, ethical practice, burnout prevention, and ability to meet the complex needs of clients in a variety of contexts (Wiseheart, 2022). In Part I of this CMTE workshop, participants will gain an understanding of RP and its benefits, distinguish reflecting from reporting, and examine research findings that support the integration of RP into effective music therapy clinical practice. Part II of the workshop will allow participants to engage in RP through receptive and active musicking, expressive writing, peer discussion, and visual art. Part III will encourage further integration of RP into professional and personal wellness through poetry, improvisation, chant composition, structured imagery, and closing applications for concretization.

- Participants will define reflective practice (RP) and differentiate reflecting from reporting in clinical work. (Knowledge 5B-2; Task 57)
- Participants will examine and discuss current research findings regarding RP. (Knowledge 5A-4; Task 53)
- Participants will identify at least three (3) methods of integrating RP into their music therapy clinical practice to increase therapeutic effectiveness. (Knowledge 5A-2; Task 51)
- Participants will engage in RP through peer supervision, expressive writing, visual art, poetry, and music making to encourage professional growth. (Knowledge 5A-5; Task 55)

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“Reflective Practice for Professional and Personal Wellness as Music Therapists” is approved by the Certification Board for Music Therapists (CBMT) for 4 Continuing Music Therapy Education credits. The Association for Indiana Music Therapy, #P-168, maintains responsibility for program quality and adherence to CBMT policies and criteria.

11:30 am - 12:00 pm: Break

12:00 pm - 12:30 pm: Community Building Exercise

12:30 pm - 1:45 pm: AIMT Business Meeting and Lunch

Participants can pre-order a box lunch through online registration or bring their own meal.

1:45 pm - 3:45 pm: Reflective Practice for Professional and Personal Wellness as Music Therapists (PART 2)

Questions

Reach out to vicepresident@indianamusictherapists.com with any questions or concerns.

Dine to Donate:

Watch social media for announcements regarding Dine to Donate opportunities across the state!

Intern Scholarship Fund

Share our Intern Scholarship Fund through GiveButter with your social circles and invite them to consider donating to advancing the music therapy profession.

<https://givebutter.com/AIMTinternscholarshipfund>

Music Therapy Merchandise

Take a look at our music therapy merchandise through Bonfire. Proceeds support AIMT's mission, vision and values. You don't have to be a music therapist to support the profession.

<https://www.bonfire.com/store/association-for-indiana-music-therapy/>

Directions

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Located on the city's south side, the University is located just inside the I-465 loop on Hanna Avenue.

Indianapolis International Airport is only 15 minutes west of campus by way of I-465 West and I-70 West.

FROM THE SOUTH

- Take I-465 to North East Street/US-31 (exit 2A).
- Go north on East Street to East Hanna Avenue.
- Turn right onto East Hanna Avenue.
- Turn left at the stoplight for Shelby Street.
- Turn left into the first parking lot on the left, Lot 2.

FROM THE EAST OR NORTHEAST

- Follow I-465 South/I-465 East to I-65 North, exit 53A.
- Follow I-65 North to Keystone Avenue, exit 107.
- Turn left onto North Keystone Avenue.
- Turn right onto East Hanna Avenue.
- Turn right at the stoplight for Shelby Street.
- Turn left into the first parking lot on the left, Lot 2.

FROM THE WEST OR NORTHWEST

- Take I-465 South/I-465 West to North East Street/US-31, exit 2A.
- Turn left onto North East Street.
- Follow North East Street to East Hanna Avenue.
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Fall 2026 Conference	Fees	Charged
State Members before 8/30/2026	\$55	
State Members	\$60	
Non-members before 8/30/2026	\$75	
Non-members	\$80	
Student members	FREE	
Student Non-members	\$8	
Add on lunch before 9/13/2026	Price Varies	
TOTAL:		

Please note: If you hold membership in a GLR state, the GLR offers reciprocity. (For example, if you live in Ohio and are a member of AOMT, you are eligible to register at the AIMT Member Price!)

The last day to register is September 18, 2026.

There will be no on-site registration.

Member rate may be used if the 2026 membership is paid at the time of registration.

The member rate may also be applied if you are a 2026 member of another GLR state music therapy organization.

Cancellation/Refund Policy: Activities are planned in advance based on the number of registrants. Full refunds cannot be made. Refunds are available by written request only and must be emailed to Mark Richins at treasurer@indianamusictherapists.com. A 50% refund of fees will be provided if the request is submitted by September 1, 2026. No refunds will be made after this date, so please plan accordingly. All refunds will be processed within 30 days after the meeting.