

Image Description:

A green and white logo with the state of Indiana and a treble clef, with the letters AIMT



Association for Indiana Music Therapy

2026 Spring VIRTUAL Conference

April 6 - 10, 2026

April 7, 2026, 7:00 - 10:00 PM: Professional Sustainability for Music Therapists

Presented by Jennifer Gastineau, MT-BC, and Nicole Keller, MT-BC

3 CMTEs

This session introduces the concept of sustainability in music therapy, emphasizing personal well-being, long-term impact, and practical efficiency. Grounded in the presenters' real-life experience, it fosters community and encourages participants to reflect on their goals, needs, next steps, and definitions of success.

Presenters will guide participants through essential elements of sustainable practice, including mission-driven decision-making, realistic goal setting, and practical next steps. Attendees will learn how to optimize time by automating documentation, goal setting for clients, and using apps, tablets, and various other devices to remain organized in their clinical work.

Participants will explore how supervision, interdisciplinary collaboration, and strong community ties can support clinical quality and professional well-being. The session will also cover strategies of maintaining your caseload, potential opportunities for diverse income (presentations, publications, etc), and work-life balance when making an income. The presenters will give real life examples of ways they have made money from working smarter and not harder.

By promoting sustainable practices, this session aims to reduce burnout and increase longevity in music therapy careers. It supports the development of mission-aligned and sustainability especially important in a field where there can be high burnout and turnover in many positions. Participants will leave with practical strategies and a personalized action step to create change within their own context, contributing to a more resilient and effective global music therapy community.

- Participants will establish 3-5 opportunities for professional growth for themselves. (Knowledge 5A-2; Task 50)
- Participants will learn a minimum of 5 boundaries they can implement to maintain professional boundaries with clients and self. (Knowledge 5B-8; Task 66)

“Professional Sustainability for Music Therapists” is approved by the Certification Board for Music Therapists (CBMT) for 3 Continuing Music Therapy Education credits. The Association for Indiana Music Therapy, #P-168, maintains responsibility for program quality and adherence to CBMT policies and criteria.

Image Description:

A green and white logo with the state of Indiana and a treble clef, with the letters AIMT

April 9, 2026, 7:00 - 9:00 PM: Professional Roundtable

Moderators: Leigh Ann Foor, MA, MT-BC, and Elise Houk, MT-BC

2 CMTEs

This session will provide an opportunity for open dialogue about a variety of topics relevant to music therapists and students, including but not limited to community engagement, professional growth for both students and professionals, and intervention development/creativity as desired by participants. Moderators will assist with navigating discussion topics submitted by participants in advance as well as throughout the presentation as time permits. This roundtable will encourage participants to identify an area of their own professional growth following the engagement in meaningful discussion with Board-Certified Music Therapists.

- Participants will identify 1 area of professional growth. (Knowledge 5A-2; Task 50)
- Participants will evaluate their own skill development needs following the engagement in meaningful discussion with and advice from Board-Certified Music Therapists. (Knowledge 5A-5; Task 54, 55)

“Professional Roundtable” is approved by the Certification Board for Music Therapists (CBMT) for 2 Continuing Music Therapy Education credits. The Association for Indiana Music Therapy, #P-168, maintains responsibility for program quality and adherence to CBMT policies and criteria.

Links:

Reach out to vicepresident@indianamusictherapists.com with any questions or concerns accessing the CMTE opportunities after registration.

Dine to Donate:

Watch social media for announcements regarding Dine to Donate opportunities across the state!

Intern Scholarship Fund

Share our Intern Scholarship Fund through GiveButter with your social circles and invite them to consider donating to advancing the music therapy profession.

<https://givebutter.com/AIMTinternscholarshipfund>

Music Therapy Merchandise

Take a look at our music therapy merchandise through Bonfire. Proceeds support AIMT’s mission, vision and values. You don’t have to be a music therapist to support the profession.

<https://www.bonfire.com/store/association-for-indiana-music-therapy/>

Image Description:

A green and white logo with the state of Indiana and a treble clef, with the letters AIMT



Association for Indiana Music Therapy

2026 Spring VIRTUAL Conference

April 6 - 10, 2026

Spring 2026 Conference	Fees- 1 Course/2 Courses	Charged
State Members before 3/16/2026	\$45/\$60	
State Members	\$50/\$65	
Non-members before 3/16/2026	\$65/\$80	
Non-members	\$70/\$85	
Student members	FREE	
Student Non-members	\$4/\$8	
TOTAL:		

Please note: If you hold membership in a GLR state, the GLR offers reciprocity. (For example, if you live in Ohio and are a member of AOMT, you are eligible to register at the AIMT Member Price!)

Registration is available online only until midnight the evening before each CMTE.

Member rate may be used if the 2026 membership is paid at the time of registration. The member rate may also be applied if you are a 2026 member of another GLR state music therapy organization.

Cancellation/Refund Policy: Activities are planned in advance based on the number of registrants. Full refunds cannot be made. Refunds are available by written request only and must be emailed to Mark Richins at treasurer@indianamusictherapists.com. A 50% refund of fees will be provided if the request is submitted by April 1, 2026. No refunds will be made after this date, so please plan. All refunds will be processed within 30 days after the meeting.