

Image Description:

A green and white logo with the state of Indiana and a treble clef, with the letters AIMT



Association for Indiana Music Therapy

Spring Conference

Saturday, April 6th, 2024

Valparaiso University

Valparaiso University Center for the Arts

1709 Chapel Drive Valparaiso, IN 46383

8:30am-9:00am- Arrival/Breakfast- Breakfast Provided

Please pre-register on our website or by mail prior to the event. There will be no on-site registration.

9:00am-11:45am- Theta Music Engagement for Individuals in treatment for Opioid Use Disorder

Presented by Caitlin Krater, MS, MT-BC

3 CMTEs

Opioid use disorder (OUD) is a complex, chronic condition that affects both the brain and behavior. Prolonged opioid use can lead to significant alterations in the brain's reward and pleasure pathways, resulting in neuroadaptation that perpetuates addiction and hinders an individual's ability to experience pleasure from natural rewards. In this session, attendees will learn how research combined with practice knowledge was used to develop a clinical intervention to target dysregulation individuals with OUD. The presenter will illustrate the process by describing the development of theory-based music protocol designed to reduce drug craving in individuals in medical treatment for opioid use disorder. Clinicians do not need to work with this population to gain values from this presentation. Presenter will lead an experiential using the protocol and discussion will follow.

- Participants will identify at least one way to integrate research into their practice (V A1,2,6)
- Participants will learn at least one way to better evaluate their clinical work (IV A1,2)
- Participants will learn at least one technique or resource to aid in treatment planning (D 2abc,4,5,7)

Theta Music Engagement for Individuals in treatment for Opioid Use Disorder is approved by the Certification Board for Music Therapists (CBMT) for 3 Continuing Music Therapy Education credits. The Association for Indiana Music Therapy, #P-068, maintains responsibility for program quality and adherence to CBMT policies and criteria.

11:45am-1:15pm- Optional Networking Lunch with AIMT

Join AIMT at Tomato Bar Pizza Bakery for networking and lunch! Appetizers provided by AIMT.

1:15pm-3:15pm- Music Therapy with Older Adults: A Person-Centered Approach

Presented by: Becky Freiman, MA, MT-BC &

Mia Iliopoulos Krings, MM, MT-BC

2 CMTEs

The intricacies of music therapy practice with older adults are vast. From different approaches, assessment, documentation, session planning, and navigating the older adult continuum of care, a music therapist needs to know how to fit into the team and be a leader. The presenters will share the nuances of working with older adults, different approaches, how music therapists fit into the team in different types of settings, and how to be a leader in the culture change movement. Assessment and documentation strategies, as well as different ways that music therapy services can be structured will be explored. The presenters will also share meaningful and effective interventions and how to adapt them as needed.

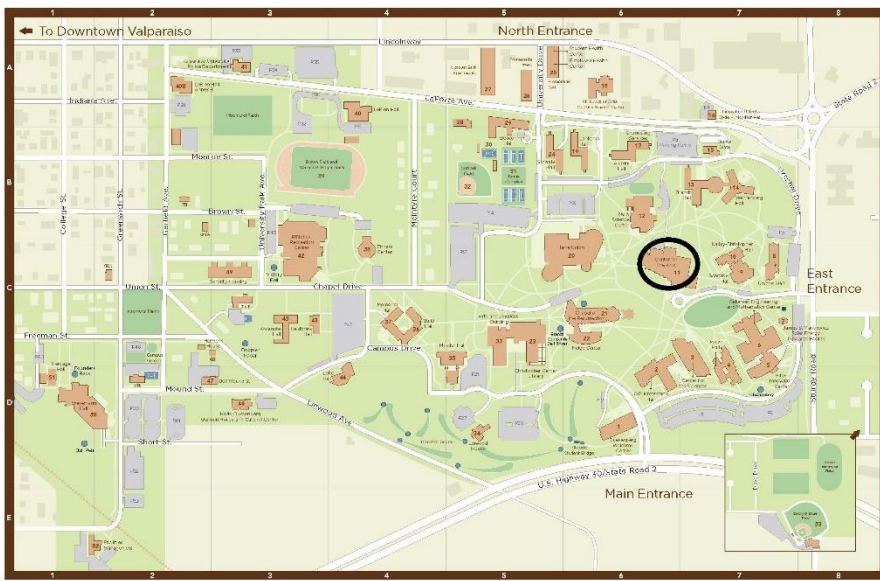
- Attendees will describe assessment, documentation, communications, and referral sources relevant to working with older adults (II.A.1-2; II.B; II.D.3, 7; III.B.1-3,7; V.B.4,, 9, 14)
- Attendees will delineate the terminology, roles, and nuances of the older adult continuum of care (IV.A.7, V.A.4, V.B.4)
- Attendees will apply new session ideas and practical tools for their tool box (II.D; III.A.1, 2; III.A.4f,i)
- Attendees will list at least three examples of ways that music therapists can be leaders within the culture change movement (V.B.2,18)

Music Therapy with Older Adults: A Person-Centered Approach is approved by the Certification Board for Music Therapists (CBMT) for 2 Continuing Music Therapy Education credits. The Association for Indiana Music Therapy, #P-068, maintains responsibility for program quality and adherence to CBMT policies and criteria.

3:15pm-4:15pm- Breakout Rooms

Participants will have the choice to break out into 3 groups:

- Discussion on Theta Music Engagement for Individuals in treatment for Opioid Use Disorder
 - Participants will have the opportunity to discuss what they learned in presentation one.
- Discussion on Music Therapy with Older Adults: A Person-Centered Approach
 - Participants will have the opportunity to discuss what they learned in presentation two
- Meet your AIMT Executive Committee/Listening Session!
 - Participants will have the opportunity to meet and engage in a listening session with executive members present at conference.



Alumni Hall (Residence)[17]	68	Innovation Hub at Clyde H. McMillan Hall [16]	7A
Counseling Services (north side of Alumni Hall)[7]	68	James S. Martinovic Solar Energy Research Facility [7]	7C
Arts and Sciences Building (College of Arts and Sciences)[33]	5C	Kade-Dausenberg German House and Cultural Center [46]	3D
Athletic-Recreation Center (ARC)[42]	3B	Kalley-Christopher Hall [10]	7B
Beeson Hall (Residence)[29]	5A	Kretzmann Hall [21]	6C
Brandt Campanile Bell Tower	5C	Kroencke Hall [45]	3C
Brandt Hall (Residence)[13]	6B	Lanlanau Hall (Residence) [19]	6B
Brauer Museum of Art (located in the Center for the Arts)[1]	6C	LeBluen Hall (College of Nursing and Health Professions) [42]	4A
Brown Field and Warren G. Hoger Track [39]	3B	LeBluen Hall Annex B [40B]	2A
Center for Diaconal Ministry [28]	5A	Linwood House [34]	5D
Center for the Arts [1]	6C	Lake Hall [44]	4C
Center for the Sciences: Chemistry and Biochemistry [3]	6C	Meier Hall [4]	7D
Chapel of the Resurrection [21]	6C	Memorial Hall (Residence) [37]	4C
Christopher Center for Library and Information Resource (CCLIR) [23]	5C	807 Mound Street (Residence) [47]	2D
Dunkle Center [15]	7B	Mueller Hall (Christ College - The Honors College) [35]	4C
Donald W. Fites Engineering Innovation Center [5]	7C	Heils Science Center [12]	6B
Doppler Radar	3C	Promenade West [24]	5A
Dusenberg Welcome Center [1]	6D	Observatory	7D
Emory G. Bajer Field [53]	8E	Scheele Hall (Residence) [24]	5B
Facilities Management [52]	2E	Schnabel Hall [9]	7C
Fitness Center [38]	4B	Soccer and Intramural Fields	8D
Gallerson Engineering and Mathematics Center (College of Engineering) [6]	7C	Softball Field [32]	5B
Guild Hall (Residence) [34]	4C	Sorority Housing [49]	3C
Home Union [20]	5B	Tennis Complex [31]	5B
Health Center (Promenade East) [25]	5A	Unschel Hall (College of Business) [8]	7C
Heidbrink Hall [43]	3C	Valparaiso University Police Department [4]	3A
Kathleen and Mark Helge Center [22]	5C	Victory Bell	5C
Henrichs House [48]	2C	Wehenberg Hall (Residence) [14]	7B
Heritage Hall [51]	1C	Wesermann Hall [30]	1D

Image Description: A map of Valparaiso University with the center for the arts (VUCA) circled.

Directions:

From I-65

- Exit at US-30 East in Merrillville
- Proceed approximately 12 miles East to Valparaiso
- You will see the US-30 entrance to the University on the left (on the north side of US-30), leading towards the Chapel.
- You may also continue past this entrance and then turn left at the Sturdy Road stoplight at the edge of campus. (If you drive past Walmart, you have gone too far). The entrance to the University is 100 yards on the left.

From I-80/90 or I-94

- Exit at IN-49 South in Chesterton
- Proceed approximately 8 miles south to Valparaiso; then exit onto US 30 West
- After passing through the second stoplight, you will see the entrance to campus on your right

Registration Form

Please send payment and form to:
Association for Indiana Music Therapy, Inc.
C/O Kaitlin Kemp, MT-BC
3414 Carica Dr. Indianapolis, IN 46203

Name: _____ Phone number: _____
 Last First

E-mail: _____

Please note here if you would like any accommodations to fully participate such as ASL interpretation, closed captions, or sensory considerations: _____

Spring 2024 Conference	Fees- 1 Course/ 2 Courses	Charged
State Members before 3/11/24	\$45/\$60	
State Members	\$50/\$65	
Non-members before 3/11/24	\$65/\$80	
Non-members	\$70/\$85	
Student members	FREE	
Student Non-members	\$4/\$8	
Lunch RSVP?	Yes/No	
TOTAL:		

Please note: If you hold membership in a GLR state, the GLR offers reciprocity. (For example, if you live in Ohio and are a member of AOMT, you are eligible to register at the AIMT Member price!)

Pre-registration should be postmarked by March 1st 2024. Please register online following that date.

There will be no on-site registration.

Member rate may be used if 2024 membership is paid at time of registration.

Member rate may also be used if you are 2024 member of another GLR state music therapy organization.

Cancellation/Refund Policy: Activities are planned in advance based on the number of registrants. Full refunds cannot be made. Refunds are available by written request only and must be emailed to Kaitlin Kemp at treasurer@indianamusictherapists.com. 50% of fees will be refunded if the request is submitted by March 1st, 2024. No refunds will be made after this date, so please plan ahead. All refunds will be processed within 30 days after the meeting.